

Guilford



Events

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Volume 3 • Quarter 3 • 2014




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First Selectman's Corner

At this point in the year, the 375th Anniversary Committee has hosted a majority of their signature events, including a very successful Civil War Commemoration, Dedication of the Covenant Stone, opening of the New England Trailhead at Chittenden Park and the unveiling of the Mural on Sullivan Drive that was painted by Guilford High School students. There was also a dedication of Rollwood Park, with vast improvements created by the Guilford Garden Club.

Looking ahead, the Community Picnic with enhanced fireworks display will take place on July 12 as well as an Interfaith Service scheduled for July 13. The Citizens Day Parade this year will be much larger and will include a Fife and Drum Muster with additional units as well as various dignitaries from throughout the state.

Developers Diversified Realty (DDR) is prepared to proceed with a shopping center complex on the Rock Pile. Plans show a decrease of 12,000 square feet in the size of the shopping center. The developers have been meeting with the Selectman's Office and the Economic Development Coordinator as well as staff in the land use offices and they presented plans to the Design Review Committee on June 11. We are all excited about having the project move forward and at this point there does not seem to be any major problems with what they intend to present. In addition, the development of 66 High Street is still moving forward as well as the Patriot Medical Facility on the Old Fonicello nursery property.

The Town was awarded a Federal Grant totaling \$229,286 under the Hazard Mitigation Grant Program for the elevation of Chaffinch Island Road. The project entails the elevation of 500 feet of roadway to reduce reoccurring flood damage from high tide. Work will be schedule as soon as the DEEP permit is approved. Construction to raise the elevation of Old Quarry Road is currently underway. Other projects include the resurfacing of West Lake Avenue and the Marina and Channel Dredging. The redredging is needed as a result of Storm Sandy, which refilled much of the area that had been previously dredged. The project, approved by the Army Corps of Engineers, is being funded by FEMA and the State. The Parks and Recreation Department also completed a weed eradication project in the swim area at Lake Quonnapaug. A more permanent solution to the weed problem is being worked on between the Town and DEEP.

I am happy to report that the Board of Selectmen approved a new three-year contract with the National Association of Government Employees (NAGE) Local R1-137, which represents the town dispatchers.



First Selectman
Joseph Mazza

Continued on page 3

WELCOME TO THE BROWNSTONE HOUSE RESTAURANT OF GUILFORD

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Guilford Art Center's Summer Youth Program



Guilford Art Center's popular, art-filled, summer youth program, runs 9 weeks, from June 23 to August 22. Students ages 3-1/2 to 12 can choose from a huge array of offerings, including clay, painting and drawing, sewing and more. Week-long classes run mornings, 9 am - noon, and afternoons, beginning 1 pm. Classes may be combined to make a full-day program. Financial aid is available. For more information, to register, and to download a copy of the summer youth brochure, visit www.guilfordartcenter.org.

Guilford Art Center's Craft Expo 2014

Friday-Sunday, July 18-20 - 3 days this year
 Friday 12-9 pm / Saturday 10 am-7 pm / Sunday 12-5 pm
 Admission: Adults \$9, Seniors \$7, Members, children under 12, and active military Free.

NEW THIS YEAR: Multi-day ticket \$15.

The 57th annual Craft Expo will bring more than 180 nationally recognized craft artists to the scenic and historic Guilford Green, to benefit the educational programs of the Guilford Art Center. The latest in handmade crafts will be represented, in a variety of media, including Clay, Glass, Leather, Metal and Non-Metal Jewelry, Wearable and Non-Wearable Fiber, Metal, Mixed Media, Paper, Photography, Printmaking, Soap and Wood. These exquisite-quality works help rank this event as one of the top craft shows in New England and the country. Special features include a Silent Auction of exhibitor-donated crafts, Bike Raffle, Food Trucks & more including Perk on Church, iThai, Ashley's Ice Cream and Naples Pizza Truck, and musical entertainment every day. For more information contact the Guilford Art Center at 203.453.5947, email expo@guilfordartcenter.org, or visit the website www.guilfordartcenter.org.

Process to Painting: 4 Artists

August 1-31 / Opening reception Friday, August 1, 5-7 pm.
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Continued on next page

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First Selectman's Corner ... continued from page 1

This agreement as well as other agreements we have negotiated establishes a 401(a) Defined Contribution Retirement plan for new dispatchers hired on or after July 1, 2014.

In spite of the extraordinary cost that we incurred because of the severe winter, the Finance Director has projected that we will have a surplus at the end of the 2013-2014 fiscal year.

Construction of the new Guilford High School is well under way. I am happy to report that it is on schedule and within budget. We still anticipate students will be enjoying the new building at the start of the September 2015 school year.

Joseph Mazza, First Selectman



Guilford Art Center ... continued from previous page

Gallery exhibition of works in a range of media by four artists: MacCrady Axon, Larry Morelli, Lenny Moskowitz and Robert Reynolds.

The show reveals the various processes and evolutions of a visual idea, from studies and sketches to larger-scale finished paintings. Organized by GAC instructor Lenny Moskowitz.

For more information contact Guilford Art Center at www.guilfordartcenter.org or 203-453-5947.

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Economic Development Department

Our town has enjoyed many significant events in 2014 as we celebrate our 375th Anniversary. In speaking with many of our businesses, they have experienced a positive impact as our residents and visitors continue to support their locations. We have more to come as we proceed through 2014.

Color's Café, located at the corner of Whitfield and Water Streets has opened. Stop in and try their specialty coffees, teas, gluten free options, desserts, frozen yogurts or their food choices, for which they are collaborating with the Mad Gourmet. South Lane Bistro (former Rancho's location) has opened featuring American cuisine. They have completely remodeled the location, including the outdoor seating area. They have incorporated Guilford materials, like old barn wood, into their new look. They hope to have many "Give Back" events where they provide a portion of the proceeds to worthy causes in our community.

As you travel west on Rt. 1, you will see the former Guilford Suites Motel is being totally renovated as it has been converted to a Red Roof Inn. The formal opening should be occurring soon. Just beyond this site is a new 14K square-foot commercial complex to be called, "Holly Hock". Leases are being pursued with availability in the August-September time-frame. A new 12 unit apartment complex was built as part of this total project with all units occupied. Many continue to inquire about the "Rockpile". We are pleased to report that

DDR, the owner/developer, is planning to move forward with their retail complex. They shared their preliminary plans with town departments, including the Design Review Committee. The next step is a presentation to the Planning and Zoning Commission. 66 High Street (former Clinipad site, vacant for many years) has been acquired by local residents and developers. To date, much has been done to clean up the site.

The vision is to convert this location into an upscale condominium complex. Preliminary plans are in-process and will be formally presented to the appropriate Commissions in the near future. Renovations of the former "Trailblazer" site (corner Broad Street and Church Street) are nearing completion. It is wonderful to see this valuable building, surrounding our town Green, revived with such an attractive appearance. Guardian Jet will be the first tenant occupying this building.

On a sad note, Rituals Spa on Water Street closed abruptly. Many issues need to be resolved but it is hoped the business or a similar business will open in the near future.

The year seems to be passing quickly. Let's make sure we all enjoy our summer season with the numerous activities occurring throughout Guilford. Remember to support our local businesses while enjoying our historical sites, recreational facilities and more.

Brian McGlone, Economic Development Coordinator

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Shoreline Chamber of Commerce



The new Shoreline Chamber of Commerce/ Guilford-Branford Alliance is proud to promote the 3/50 project. The small businesses in Guilford are the backbone of our community – the places we all go when we need sponsorships and donations that support our local groups. This project helps to raise awareness about saving the brick and mortars that our nation is built on. The premise is simple:

- Think about which three independently-owned businesses you would miss most if they were gone. Stop in and say hello. Pick up a little something that will make someone smile!
- Commit to spend \$50 at one of your favorite locals (above and beyond what you would normally spend) this month (and every other month, if you can!) and watch the difference we can make. If just half the employed U.S. population spent \$50 each month in independently-owned businesses, their purchases would generate more than \$42.6 billion in revenue!
- For every \$100 spent in independently-owned stores, \$68 returns to the community through taxes, payroll and other expenditures.

· The 3/50 Project isn't an "all or nothing" campaign that insists consumers stop shopping in larger stores or on line. Instead, our message is about balance - of the money you currently spend each month, we simply ask you to redirect an affordable \$50 back to the locally-owned independent businesses.

A great time to try this premise out is during our Sidewalk Sale days, July 24, 25 and 26. Stop in and visit our local merchants, both around the Green and around Town, and let them know we care! The annual Wellness Fair will be held on the Town Green on September 13, giving residents an opportunity to meet our wellness providers, mostly small businesses, who serve our community by keeping us healthy and happy.

Just a reminder that Guilford Dollar\$ are a great way to keep spending local. Guilford Dollar\$ are like gift certificates that can be used all over town! They are perfect for holidays, birthdays, thank you gifts or the "hard to shop for" person on your list. These certificates are redeemable at over 50 chamber member locations and include merchants, restaurants, services and can even be used to make a donation to a local not for profit agency. Available in denominations of \$10, \$25 and \$50, they can be purchased at the Chamber Offices. Hope to see you around town as you SHOP LOCAL!

*Edward Lazarus, President
Janet Testa, Vice President*

HYLAND HOUSE

As Guilford celebrates the 375th anniversary of its founding, The Hyland House Museum is proud to be celebrating its 96th year as one of New England's oldest colonial house museums. We invite you to drop in for a guided tour this summer or join us for one of our special events.

Bring your friends and summer visitors. You'll discover a rich gateway to our colonial history and a lively community of history lovers.

REGULAR MUSEUM HOURS

June - September; Fridays & Saturdays 11-4, Sundays 12-4. Also Wednesdays & Thursdays during July & August 11-4.

ADMISSION

Always free for Hyland House Museum members and Blue Star families. \$3 for adults, \$2 for students and seniors. Free for children 12 and under, accompanied by an adult. Admission price includes a guided tour.

SPECIAL EVENTS

Fourth Annual Art Show Opening
Saturday, July 12th, 6-8 pm / \$35 per person

Annual Family Picnic
Sunday, September 7th, 4-7 pm / \$20 per family

Please visit www.hylandhouse.org for more information and ticket sales.

Events

MAGAZINES



Guilford Events

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 The Guilford Fire Department Tercentenary Celebration Parade
 in 1939 (now called the Citizen's Day Parade). Photo courtesy of
 Stephen Page. Original photo taken by Earl Colter, North Branford, CT

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Enjoy a Safe Trek with your Canine Companion

Hiking is a healthy, fun activity for you to do with your dog and the Connecticut Shoreline provides a lot of beautiful and challenging hiking trails and stretches of shoreline beaches.

Yet, this regions greenways, trails, beaches, and parks have potential pitfalls and perils that can lead to tragedy for the unaware.

Here are some ways to get the most out of your hiking experience and enjoy a safe trek with your canine companion.

WHAT TO KNOW BEFORE YOU GO

First, ask your veterinarian if your dog is in adequate physical condition. Taking an out-of-shape, overweight dog on a steep or hard hike is bound to be an uphill battle, especially if your pet is too pudgy for you to carry.

Dogs should have reliable recall (come when called), respond to basic commands and be well socialized. As banal as that may sound, a good foundation in basic training can literally save a dog's life. A dog that turns back when you call him/her will dodge disaster if, for instance, he/she was about to chase a chipmunk off a cliff or across a road.

TAKE PRECAUTIONS AGAINST TICKS

When you are out walking or hiking, think about protecting your dog, and yourself from ticks. The tick bite can be irritating, but more importantly they can spread disease. Most prominent in our area is Lyme disease. Make sure your dog is up to date on Lyme Vaccine, and while you're at it check the Rabies Vaccine status as you are more likely to encounter wildlife unexpectedly. Discuss with your Veterinarian the options for Tick (and Flea) control. There are topical agents, oral agents, and collars. It is important to have a conversation with your Veterinarian about which product is safe and effective for your own dog's unique set of conditions. A word about internet sales of pet products: make sure that the product you are purchasing is manufactured in the U.S., that it is not expired or short dated, and that the manufacturer will warrantee the product if bought on-line.

BRING SUFFICIENT WATER

A lightweight, collapsible dish or even a Tupperware container works well as a water dish. If your dog is panting excessively, stop for a water break. Water is important not only to prevent dehydration and overheating (dogs cool off by evaporating water from their tongue and oral membranes, not by sweating), but also to prevent thirsty dogs from drinking stagnant water or the ocean. Contaminated water could expose your dog to illness-causing bacteria and parasites such as Leptospirosis, Giardia, or Coccidia. There is a vaccine to help prevent Leptospirosis.

Continued on next page

KEEP YOUR DOG ON-LEASH

You are likely to encounter rough trails with obstacles, and wet footing perhaps even drop offs. You may also unexpectedly meet other dogs, hikers, or wildlife. Don't use a retractable leash as it can get tangled and be cautious about wrapping the leash around your wrist especially on unsteady footing. It's an unhappy thing to think about, but if your big dog slips in a precarious spot, you could go down with him.

Other potential hiking hazards include lacerations around the legs, torn toenails, and soreness of the foot pads if your pet is unaccustomed to hard rocky or sandy surfaces.

Lastly, if there is a chance your pooch passed through poison ivy, poison oak, or sumac wipe him/her off with baby wipes and bathe them in soapy water when you get home. Dogs are not affected, but humans who touch their fur can develop a rash from the oils.

HIKING CHECKLIST:

- In good physical condition
- Well-socialized
- Responds to basic commands
- Tick protection

Sufficient water for both of you, along with treats (they can come in handy to lure your pet or an off-leash dog looking for his/her owner)

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Do Your Hands & Fingers Tingle or Fall Asleep?

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spine is designed to have a C shaped forward curve when viewed from the side which reduces stress on the discs, joints and nerve system. When examining our patients who present symptoms of hands and fingers tingling, numbness or falling asleep, we find that the normal C shaped curve is lost and often times it is actually reversed. This abnormal spinal alignment will produce increased stress on the nerve system as well as the discs and joints in the neck which over time will result in degenerative arthritis. Doctors of Chiropractic are trained to evaluate the spine, shoulder, elbow and wrist for proper alignment and function and to determine where the interference to the nerve system is originating. Most times specific chiropractic adjustments can help restore proper alignment and function to the cervical and thoracic spine, shoulder, elbow and wrist reducing interference to the nerves thereby reducing many of their symptoms. So if you are one of the many people who are suffering with your hands or fingers tingling or being numb, falling asleep, or weakness in your grip you may want to check and see if chiropractic care may be able to help.

Dr. Paul Heeren
Heeren Family Chiropractic Center

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From the Assessor

MOTOR VEHICLE TAX BILLS were mailed in June. If you sold or totaled your vehicle, between October 2nd and August 31st, and did not replace it, you may, with the submission of acceptable proof, be eligible for a tax reduction for that motor vehicle tax bill.

PERSONAL PROPERTY DECLARATION FORMS will, as a courtesy, be mailed in September to all persons known to be conducting business in the Town of Guilford as of October 1, 2014. Said forms must be filed by November 3, 2014. If not penalties will be applied.

The following is an abbreviated look at some of the exemption programs that the Assessor's Office administers. Some programs are State Programs which means it is available in all towns. Some programs are Local Programs which means it is available in Guilford and only available in other Towns that have also passed an ordinance authorizing that particular program. If you think you might be eligible for any of these programs, please call the Assessor's Office, Monday through Friday, 9:00 am to 4:00 pm for more information. There is also additional information about these programs (and other important information) on the Town's website: www.ci.guilford.ct.us under Departments; Assessor's Office. Please note: Exemptions are always stated in assessment dollars. To calculate the actual tax savings, multiply the assessment exemption amount by the appropriate mill rate (e.g., the assessment exemption amount is \$1,000 and say the mill rate is 22.36 so the tax savings is \$22.36 or \$1,000 times 0.02236).

VETERANS (STATE PROGRAM) must have their honorable discharge papers (full copy DD-214: must contain Block #24) on file with the Town Clerk by September 30, 2014 in order to receive a \$3,000 assessment exemption on the October 1, 2014 Grand List. Once filed in Guilford, there is no need to re-file. Veterans moving into Guilford from another town must re-file their DD-214 in Guilford by September 30, 2014 to receive this exemption. Administratively, the exemption is applied to real estate, even if recorded in the spouses name only. If real estate is not owned, then it is applied to one's motor vehicle.

VETERANS (LOCAL PROGRAM) who qualify for the above-described program, may, depending upon income, qualify for an additional \$10,000 assessment exemption. Income, including Social Security, cannot exceed \$59,100 for a single individual and \$66,000 for a married couple. Applications must be filed no later than October 1, 2014.

VETERANS (STATE PROGRAM), who qualify for the Veterans State Program (described above), may qualify for an additional exemption depending upon income. The amount of the assessment exemption will vary. Income cannot exceed \$34,100 for a single individual or \$41,600 for a married couple. Applications must be filed no later than September 30, 2014.

Continued on page 10

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Assessor ... continued from page 9

DISABLED TAXPAYERS (STATE PROGRAM) must file their Award Letter (issued by the Social Security Administration) with the Assessor's Office by October 1, 2014 in order to receive a \$1,000 assessment exemption.

DISABLED TAXPAYERS (LOCAL PROGRAM), who qualify for the above-described program, may qualify for an additional \$1,000 assessment exemption depending upon income. Income cannot exceed \$34,100 for a single individual and \$41,600 for a married couple. Applications must be filed no later than October 1, 2014.

BLIND TAXPAYERS (STATE PROGRAM) must file a Certification of Legal Blindness (issued by the Board of Education and Services for the Blind, State of Connecticut, Wethersfield, CT) with the Assessor's Office by October 1, 2014 in order to receive a \$3,000 assessment exemption.

BLIND TAXPAYERS (LOCAL PROGRAM), who qualify for the described program, may qualify for an additional \$2,000 assessment exemption, depending upon income. Income cannot exceed \$4,100 for a single individual and \$41,600 for a married couple. Applications must be filed no later than September 30, 2014.

FARM AND OPEN SPACE (STATE PROGRAM) applications must be filed between September 1, 2014 and October 31, 2014.

FOREST LAND (STATE PROGRAM) applications must be filed no later than October 1, 2014.

FARM BUILDINGS (LOCAL PROGRAM) used exclusively for farming activities by farmers who are receiving an exemption for their farm equipment may be exempt. An application must be filed no later than October 31, 2014.

Edmund Corapinski, Assessor

THE EPILEPSY FOUNDATION OF CONNECTICUT

We offer 7 support groups throughout the state. Our newest group is meeting in Guilford for adults living with epilepsy and parents of children with epilepsy. The meetings are held on the second Tuesday of each month from 7:00 p.m. to 8:30 p.m. at Guilford Parks & Recreation, 32 Church Street Guilford, Connecticut 06437. Those interested in attending meetings are asked to please RSVP, to the Epilepsy Foundation of Connecticut by calling 800-899-3745 or emailing Allison at Allison@epilepsyct.com. For more information visit <http://www.epilepsyct.com> or call 800-899-3745. Offices are located at 386 Main Street, Middletown, CT.

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Agriculture & Farming in Guilford: Then and Now

“President Dwight said he knew “of no land more productive” than that on the Sound in the first parish of Guilford. Formerly, wheat was raised abundantly, and the First Society was famous for the cultivation of Indian corn. As much as 100 bushels have been raised to the acre... 40 bushels was considered a good yield. Great quantities of flax of a good quality were formerly raised. The other principal productions of the town are rye, oats, potatoes and grass, while latterly turnips, onions and tomatoes, especially in the borough, have been found to afford remunerative crops. Of the hay produced, much is from the extensive salt marshes.”

- Bernard Christian Steiner
author of *A History of the Plantation of Menunkatuck* (published by the author, 1897)

The history of agriculture and farming in Guilford, Connecticut is steep, renown, and richly celebrated. By celebrated, we're of course talking about the Guilford Fair - the brainchild of four farmers who gathered on an early autumn

eve at a storefront on the Green back in 1858. A year later, a procession led by William Fowler of Moose Hill that circled the Green and surrounding streets featured 40 young men on horseback, 426 yoke of oxen, decorated carts brimming with a cornucopia of Guilford-grown agricultural products, and the rousing music of fife and drum. Since then, the Guilford Fair has been a magnet and source of pride for townspeople young and old, as all gather to honor Guilford's agricultural roots and each year's bountiful harvest.

This September, the Guilford Fair will mark its 155th Anniversary during the Town of Guilford's 375th. With the exception of wartime, a hurricane, and Guilford's 250th anniversary, it's been an annual happening, attracting 10,000 people at its peak circa 1910.

So what's so special about Guilford and its agricultural community? In the late 1890's, Steiner referenced salt hay, oysters, wheat, flax, oats, rye, potatoes, grass, turnips, onion, tomatoes, ice, wood, timber, apples, and Indian corn.

Continued on page 12

The SARAH Redemption Center

SARAH, Inc. has been providing supports for people with intellectual and other disabilities since 1957. Currently over 600 children, adults and their families across Connecticut benefit from SARAH services. Our mission is to enhance skills and enrich lives.

One of our goals is to help find jobs for adults with intellectual and other disabilities who can and want to work. SARAH Recycles was started with the idea to have SARAH supported workers collect donated returnable bottles and cans and over the past few years it has grown tremendously. More than 24 supported workers are collecting and processing over 800,000 returnable bottles and cans each year, from more than 100 businesses in communities from North Haven to Westbrook!

SARAH has expanded that idea into another great opportunity! We are very excited to announce that on June 9th the local redemption center at 690 Foxon Rd. in East Haven (formerly known as “Empteers”) will reopen to the public as The SARAH Redemption Center. This expansion into the retail sector will allow us to employ more supported workers, expand SARAH Recycles and, as a business open to the public, promote awareness and acceptance of people with “differing abilities” in the community.

You can continue to support SARAH, Inc. and SARAH Recycles in several ways: You can continue to donate your refundable bottles and cans in SARAH Recycles collection bins located throughout the community. Your donated nickel deposit will still turn into paychecks for SARAH supported workers; or... you can bring your refundable bottles and cans to The SARAH Redemption Center and donate



them to SARAH Recycles. We will process them and your donated nickel will pay us for our work; or ... you can process your refundable cans and bottles at the The SARAH Redemption Center. You will get your nickel deposit and still support our services through a SARAH managed business. Either way you are helping to provide jobs for individuals with intellectual and other disabilities.

SARAH Recycles and The SARAH Redemption Center is our mission in action. It is good for SARAH, Inc. and the people we support, it is good for the environment and it is good for the community. A “win-win” for everyone; we hope to see you soon!

Pat Bourne, Executive Director – SARAH Inc.

Agriculture & Farming ... continued from page 11

While he quotes Timothy Dwight IV, President of Yale College (1795-1817) as knowing “of no land more productive” than Guilford, little could Steiner predict what our town would become known for in 2014. Today you’ll hear of Gozzi’s turkeys, Bishop’s orchards, Maple Grove’s syrup, Dudley’s farmers market, and Pinchbeck’s roses and “Think Guilford” immediately.

From livestock and poultry, to dairy and maple syrup, to fruit, flowers and Christmas trees, Guilford has been a sweet spot for farmers for 375 years. A Sunday drive through the back roads of Guilford will delight this born and bred New York writer with glimpses of llamas, horses, cows, goats, sheep, turkeys, and chickens. The inside story? It’s one of visionaries, innovation, perseverance, and resiliency.

Take the Gozzi family, who operated farms in the 1940’s out of both downtown Guilford and North Guilford but have since settled off Route 1. William Gozzi started the family business by selling 50 turkeys for sale to friends and neighbors for their Thanksgiving dinners, developed one of the first strains of white turkeys on the East Coast (the Guilford Gozzi White), and gradually grew to become a household name for thousands of loyalists. At its peak in the 1970’s, the Gozzi Farm sold more than 150,000 turkeys annually - locally, nationally, and overseas. By the 1980’s, however, every major producer had its own strain of white turkey and sales dropped dramatically. As reported in *The New York Times* on November 19, 1989, “Rather than stand by as their grandfather sold the farm, Bill and Bob Gozzi, both of whom have college degrees in non-agricultural fields, decided...to take over the business. ‘Even though it was not as big as it used to be, the farm has always been good to us,’ said Bill...‘It was hard to imagine the Gozzi family without it.’”

Bishop’s Orchards, of local “Pick Your Own” notoriety, has likewise kept it all in the family since founder Walter Goodrich Bishop began farming in 1871. With the help of son Burton W. and grandsons Arthur F. and Charles R. Bishop, the purchase of land and crops grew from dairy and vegetables to apples, peaches, pears, nectarines, strawberries, lettuce, cabbage, beans, and more. The 1970’s also marked a period of growth for this family as the fifth generation of Bishops came of age and became more involved in the family business. 2014 will mark B.W. Bishop & Sons., Inc.’s 143rd anniversary, with seventh generation Bishops building childhood memories and agricultural skills on the farm to the delight (and healthy appetite!) of friends and neighbors.

Children raised on a farm hold childhood memories as delicately as blueberries in hand. Long-standing secretary of the Guilford Agricultural Society, Barbara Hammarlund, recalls her great-grandmother raising blueberries, rhubarb, and strawberries on the farm founded with her late husband in the early 1900’s, then selling her harvest to local markets such as the Guilford Food Center and Bishops. “As a child I can remember on occasions that Dr. Elizabeth Adams would be picking blueberries right alongside us,” says Hammarlund. “It was a past-time she enjoyed. Of course she [also] got berries to take home.” Today Hammarlund operates Half Mile Acres, a small

farm in North Guilford, with her husband John (President of the Guilford Agricultural Society) in her great-grandmother’s memory. Their agricultural products include beef cattle, eggs, and hay - all of which are sold locally.

225 lifetime and annual members of the Guilford Agricultural Society join together each year as volunteers to plan and run the Guilford Fair. Current officers include:

John Hammarlund, President; Nancy Keeler, Vice President; Keith Kennel, 2nd Vice President; Diana Popolizio, Secretary; Barb Hammarlund, Asst. Secretary; Lawrence Leete III, Treasurer; and Deborah Davis, Asst. Treasurer.

A few of the many working family farms that have stretched across generations into 2014 include Maple Grove Farm operated by Oliver Buster Scranton, the Bartlett Sawmill under current ownership of Peter Marlowe Forest Products, LLC, Larry Leete’s family farm on Leetes Island Road, and the Wetteman Family Farm which has recently celebrated its centennial.

When there’s farming in one’s DNA, the labor is truly a labor of love and there’s always a way back to it. Perhaps a favorite local “comeback” story comes from the Pinchbeck family operating its farm off Route 1 in Guilford.



Pinchbeck’s Greenhouse

During the boom time of the Roaring 20’s, seasoned Connecticut florist William Pinchbeck Jr. set his sights on supplying the wholesale market from New York City to Boston with roses, propelling him to purchase property in Guilford which was exactly midway between the two massive markets he hoped to serve. His “rose-colored” vision of building five colossal greenhouses led him to contract with Lord & Burnham Co. to construct the first of the five glass houses with a stunning footprint of 81’ x 1200’ (1/4-mile long). This structure, which remains the largest single-span greenhouse in the U.S., holds historic significance not only for its size, but for the generations of Pinchbeck men and women who put it to work for more than 80 years, perfecting the American rose

in the process. A second glass house half its size was added in 1936, representing altered plans in the wake of the Great Depression.

At the height of production in the early 1990's, under third-generation farm owner William W. Pinchbeck, the Pinchbeck Rose Farm housed 90,000 rose plants that produced 3 million roses annually. By 2008, foreign competition forced this last operating rose farm in New England to shut down operation completely. This time, it took the "rose-colored" vision of family friend Jim Lyman to recast the Pinchbeck farm into the site of a nonprofit vocational training program for adults living with autism spectrum disorder (ASD).

Today the Pinchbeck Rose Farm operates under the nonprofit umbrella of Roses for Autism and offers an integrated work environment to adults on the autism spectrum who cut, sort, grade, and care for the roses. Pinchbeck roses are locally renown for being fresh-cut and full fragrant, and for unfolding in exquisite blooms over the course of up to two weeks upon delivery. Employing 25 full-time and part-time workers in an inclusive work environment and offering community service opportunities to nearly 800 volunteers annually, production at the Pinchbeck Farm is once again on the rise under the direction of fourth-generation farm owner and Head Grower Tom Pinchbeck alongside the Roses for Autism leadership team.

Today it may take a village to grow and cut a Pinchbeck rose, but that makes each one all the more special!

Don't miss this year's Guilford Fair festivities September 19 – 21, especially the kick-off Citizen's Day Parade on Saturday morning which marks our final Signature Event celebrating Guilford's 375th Anniversary.



Guilford Fair

"It's part of the spirit of old New England; it's harvest celebration; it's homecoming; it's fun and merriment; but above all, it's a venerable institution of its own ... [The] Guilford Fair outgrew the confines of [the] 8-acre Guilford Green – its home since 1859. In its design to carry on fair day tradition, the Guilford Agricultural Society purchased and relocated to the 30-acre Hunter Farm off Lover's Lane in 1969. ... In change there is growth and in growth there is survival, which is a remarkable characteristic of the Guilford Fair.

Joel E. Helander, Guilford Town Historian
author of *Guilford Fair: A Brief History*
(pamphlet published by The Guilford
Agricultural Society, Inc.)



Citizen's Day Parade

Traditionally drawing crowds of 2,000-3,000 annually, the Citizen's Day Parade steps off the corner of Whitfield Street and Boston Street near Page Hardware & Appliance Co. at 10 a.m., circling through the Guilford Green to Boston Street on to Lovers Lane and the fairgrounds. Hear 60 marching and 14 music units, admire floats designed by 4th-grade students with this year's theme of Guilford's 375th Anniversary woven throughout, and salute marchers from civic organizations, Guilford High School reunion classes, local and state dignitaries, and more.

<p>GROWERS OF FINE ROSES AND GARDENIAS</p> <p>WILLIAM PINCHBECK, Inc. World's Largest Single Greenhouse WHOLESALE ONLY STATE STREET GUILFORD</p>	<p>ARTHUR F. BISHOP CHARLES R. BISHOP</p> <p>175 acres of vegetables and 70 acres of orchards comprise our modern farm on which we raise many varieties of delicious apples and prize-winning vegetables. Pure apple cider made from our own apples is known throughout this area. RETAIL APPLES WHOLESALE B. W. BISHOP & SONS Growers of FRUITS AND VEGETABLES BOSTON POST ROAD GUILFORD</p>
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Agricultural ads from The Shoreliner's "This is Guilford: 24 Pages of Articles and Pictures Which Tell the Story of One of Connecticut's Oldest Towns" (sold for 25 cents, with back-page copy that reads: "GUILFORD - The Town which "HAS EVERYTHING" for Industry, Business, and Good Living," 1950).

by Lisa Calderone-Perrelli

Tax Collector

A reminder to all Guilford Taxpayers Real Estate, Personal Property and Motor Vehicle taxes on the Grand List of October 1, 2013 became due July 1, 2014. If you are not escrowing your taxes and did not receive a bill for property you own and/or motor vehicles you had registered October 1, 2013 please call the Tax Collector's Office. Please remember that we do not send bills for the second installment due January 1.

Real Estate and personal property taxes over \$100.00 are due in two installments; the first installment becoming due July 1, 2014. Motor vehicle taxes become due in a single installment on July 1, 2014. If payment is not made within one month from the due date, the installment will become delinquent and subject to interest at the rate of 1½% per month or 18% per year from the date of the installment. Beginning August 2, 2014, 3% interest will be charged for late payments on July bills.

If you do not receive a bill for property you own, personal property and/or motor vehicles that you have registered on October 1, 2013 please call the Tax Collector's Office. Non-receipt of a tax bill does not invalidate the tax or interest that must be charged for a late payment.

Payments by mail are encouraged. When making a payment by mail, please make sure a check or money order in

the exact amount accompanies the tax bill. Mail all payments to Tax Collector, 31 Park St, Guilford, CT 06437. The Tax Office is in the Town Hall and is open Monday through Friday, except Holidays 8:30 a.m. to 4:30 p.m.

The Town has implemented an advanced online payment system which allows taxpayers to view an online replica of their paper bill (no fee to view). You can now "Go Paperless" with e-billing which reduces paper clutter and filing and helps the environment. Electronic check/ACH payments are accepted on line as well as credit cards (there is a fee to make payments). To access the new system, go to www.ci.guilford.ct.us and click on "View or Pay Tax Bill". There is a fee to pay the bills on line. Income tax information is also available on line.

Once a tax bill becomes delinquent a follow up notice will be sent out with interest added accordingly. If the tax bill is still not paid, the account will then be turned over to the State Marshal for collection with added cost to the taxpayer. If for some reason you are having financial difficulties at this time and cannot pay the taxes in full, please call the Tax Collector's office at 203-453-8014 and Tax Collector, Debi Milano, will be happy to talk with you and work out a payment plan.

Debi Milano, Tax Collector, CCMC

Registrar of Voters

ONLINE REGISTRATION

It is now possible to register to vote, to change your address or party affiliation, online. This process is very easy. One path is to go into the Town of Guilford's website – www.ci.guilford.ct.us, choosing Registrar of Voters from the Town Department list and then "Register to Vote Online" which is located on the left side of that page; another way is through the Secretary of the State's website – www.sots.ct.gov, choosing the Elections and Voting tab. Registering to vote online works very smoothly when you have a current Connecticut driver's license.

PERMANENT ABSENTEE STATUS

We would like to remind you of the availability of permanent ballot status. Here's how it works: If you have a disability which prevents you from going to your polling place to vote you may file a request for an absentee ballot and include with that request a letter from your physician which states that your physical condition prevents you from going to the polls to vote. From then on the Town Clerk will automatically send you a ballot for every election, primary, and referendum, which you can fill out and return. Every year we will send you a letter asking you to confirm the accuracy of your address. Now, isn't that simple?

TWO UPCOMING EVENTS

The Republican Party in the State of Connecticut will be having a primary for various offices on Tuesday, August 12, 2014. Only those voters registered in the Republican Party may vote in this primary. If you are an 'unaffiliated' voter, you may change your affiliation to 'Republican' at any time up until noon of the day before the primary. After the primary you may change your affiliation back to 'unaffiliated' if you choose.

Polling places for the August 12 Republican primary will be held at all of our five polling places: District 1: Calvin Leete School; District 2: Baldwin Middle School; District 3, Fire Headquarters; District 4: Melissa Jones School; District 5: Cox School. At the time of this writing there is no Democratic Primary. Please consult the newspapers for any changes.

Mark your calendars to vote on Tuesday, November 4 for various state offices.

*Louise Graver & Gloria Nemczuk
Guilford Registrars*

GUILFORD TOWN HALL DIRECTORY

www.ci.guilford.ct.us

DEPARTMENT	EMPLOYEE / TITLE / ADDRESS	PHONE	E-MAIL
ASSESSOR	Ed Corapinski, Assessor, Town Hall - 31 Park Street	453-8010	corapinskie@ci.guilford.ct.us
BUILDING	William Thody, Building Official, Town Hall South - 50 Boston Street	453-8029	thodyw@ci.guilford.ct.us
ECONOMIC DEVELOPMENT	Brian McGlone, Economic Development Coordinator, Town Hall - 31 Park Street	453-8071	mcgloneb@ci.guilford.ct.us
ENGINEERING	James Portley, Town Engineer/Facilities Mgr. Town Hall South - 50 Boston Street	453-8029	portleyj@ci.guilford.ct.us
ENVIRONMENTAL PLANNING	Kevin Magee, Environmental Planner, Town Hall South - 50 Boston Street	453-8146	mageek@ci.guilford.ct.us
FINANCE	Sheila Villano, Finance Director, Town Hall - 31 Park Street	453-8027	villanos@ci.guilford.ct.us
FIRE	Charles Herrschaft, Fire Chief/Fire Marshal, Fire Headquarters - 390 Church Street	453-8056	gfd10@guilfordfire.com
GUILFORD LAKES GOLF COURSE	Ted Tighe, Golf Course Superintendent, 200 North Madison Road	453-8217	guilford_lakes@hotmail.com
HEALTH	Dennis Johnson, Director of Health, Town Hall South - 50 Boston Street	453-8118	johnsond@ci.guilford.ct.us
HOUSING AUTHORITY	Guilford Court - 32 Guilford Court Boston Terrace - 41 Boston Terrace Sachem Hollow - 310 State Street	453-4760 453-4760 453-4760	
HUMAN RESOURCES	Mitch Goldblatt, Director of Human Resources, Town Hall - 31 Park Street	453-8075	goldblattm@ci.guilford.ct.us
LEGAL/PURCHASING	Pamela Millman, In-House Counsel/Purchasing, Town Hall - 31 Park Street	453-8015	millmanp@ci.guilford.ct.us
LIBRARY	Sandy Ruoff, Library Director, Guilford Free Library - 67 Park Street	453-8282	sruoff@guilfordfreelibrary.org
MARINA	Rod McLennan, Dockmaster	453-8092	townmarina@att.net
PARKS & RECREATION	Rick Maynard, Park & Rec Director, Community Center - 32 Church Street	453-8068	maynardr@ci.guilford.ct.us
PLANNING & ZONING	George Kral, Town Planner, Town Hall South- 50 Boston Street Regina Reid, Zoning Enforcement Officer - Wetlands	453-8039 453-8039	kralg@ci.guilford.ct.us reidr@ci.guilford.ct.us
POLICE	Tom Terrible, Police Chief, Police Headquarters - 400 Church Street Animal Shelter Routine Calls	453-8244 453-8083 453-8061	terribilet@ci.guilford.ct.us
PUBLIC WORKS	Tom Fillion, Highway Superintendent, Public Works Garage - 47 Driveway	453-8081	filliont@ci.guilford.ct.us
REGISTRAR OF VOTERS	(D) Louise Graver, Registrar, Town Hall- 31 Park Street (R) Gloria Nemczuk, Town Hall- 31 Park Street	453-8028 453-8028	registrar@ci.guilford.ct.us registrar@ci.guilford.ct.us
SELECTMAN'S OFFICE	Joe Mazza, First Selectman, Town Hall- 31 Park Street	453-8021	mazzaj@ci.guilford.ct.us
SOCIAL SERVICES	Tammy DeFrancesco, Social Services Director, 263 Church Street	453-8009	defrancescot@ci.guilford.ct.us
STUMP DUMP		453-8029	
TAX COLLECTOR	Dolly Mezzetti, Tax Collector, Town Hall - 31 Park Street	453-8014	mezzetid@ci.guilford.ct.us
TOWN CLERK	Anna Dwyer, Town Clerk, Town Hall - 31 Park Street	453-8001	dwyera@ci.guilford.ct.us
TOWN PROPERTIES	Steve Neydorff, Facilities Engineer, Town Hall South - 50 Boston Street	453-8487	neydorffs@ci.guilford.ct.us
TRANSFER STATION	1900 Boston Post Road	453-8095	
YOUTH & FAMILY SERVICES	Lyne Landry, Director, 36 Graves Avenue	453-8047	landryl@ci.guilford.ct.us

Guilford Free Public Library Programs

Library hours are: Monday and Thursday 9:00 am – 8:00 pm; Tuesday and Wednesday, 9:00 am – 6:00 pm; Friday 9:00 am – 5:00 pm; Saturday 9:00 am – 1:00 pm; closed on Sunday. Register for programs online at www.guilfordfreelibrary.org, by phone (203-453-8282) or in person.

PROGRAMS FOR ADULTS

BOOKS AND AUTHORS

August 22, 7 pm / Robert Conard, Guilford author of *Saga of Kee*, about the most powerful dragon of all time and the two teenage princesses desperate to find him, is a great read for young adults and all who love the power of dragons.

August 28, 7 pm / Norman Weissman, Guilford author of *Oh Palestine* reads from his third book that describes the futility of war and the use of force while chronicling the failure of democracy in Europe and Middle East since the end of World War II.

September 16, 7 pm / Jim Powers, Guilford@375: *Daily Life and Work in the 1600s*. This is the second half of the material presented in March, a look back to the days of the first settlers of Guilford.

MONDAY NIGHT MOVIES - The popular series continues on Monday evenings from June 9 through August 25 starting at 7 pm. There will be two Bollywood films on September 8 and 15. Titles to be announced.

MUSIC UNDER THE STARS

July 24 / Rich Moran, Jeff and Judy Webber play hits from the Great American Songbook.

July 31 / Laura Clapp, Guilford singer and songwriter, performs original piano and guitar songs in the style of Sarah McLachlan and Sheryl Crow.

August 14 / Phil Rosenthal Trio features Phil accompanied by son Daniel, jazz trumpeter, and daughter Naomi Sommers, vocalist.

These concerts take place at 7 pm on the patio, or in the meeting room if it rains.

FAMILY CONCERT - August 7, 3 pm / Ashley Allen, Guilford native and classically trained vocalist will sing Disney, Broadway, and American ballads in a concert for all ages.

SHAKESPEARE ON THE GREEN / August 6, 2 pm - *The Blindness of King Lear*, a talk prior to "Shakespeare on the Green" to engage the audience in the underlying themes found in *King Lear* and to better understand the 'family friendly' interpretation of this great Shakespearean tragedy we invite you to join Emily Mattina and Dr. David Richman as they speak about their imaginative, provocative, and free production of *King Lear*. The play takes place on the Green August 6th to the 10th, 7:30 pm.

SUMMER PROGRAMS FOR TWEENS AND TEENS - Tweens, come makes crafts, enjoys snacks and hang out. "In Be-Tween" is for students entering 5th and 6th grade and meets on the first and third Thursday of each month from 2:30-3:30 pm, July 3, July 17, August 7 and August 21. Please register.

GET INVOLVED IN YOUR LIBRARY! The Guilford Free Libraries' Teen Advisory Group (TAG) meets on the third Wednesday of each month. Earn community service hours, plan library activities and enjoy snacks! This summer, TAG meets on July 16 and August 20.

DROP-IN GAMING features the new XBOX One! Play games on the XBOX 360, Nintendo Wii U, Nintendo Wii and Nintendo 64. Feel free to bring your own console and games to share. If you're not into video games we'll have card games such as "Magic: The Gathering." Drop in on July 11, 18, 25, August 1 and 8 from 2:30 to 4:30 pm. Students ages 12 to 18 are welcome. No registration is necessary.

COME TO ONE OR ALL of the Guilford Free Library's teen book discussions and discuss books while decorating and eating cupcakes. We meet on Tuesdays, July 15, 22, 29 and August 5 from 2:30 to 3:30 pm. Many of the books include 2015 Nutmeg Nominees, and will be available at the Reference Desk. Open to students entering 7th to 12th grades. Please register.

TAKE A ROAD TRIP across the USA at the Guilford Free Library's first ever Teen Summer Reading Game! Get prizes as you cross the United States by logging the number of minutes you read during the summer. Read anything you want—it all counts towards the Summer Reading Game. The game starts on June 19, the first day of summer vacation and ends on August 29, the first day of school. Sign up and log your minutes at the reference desk. Open to students entering 7th-12th grades.

Sign up for one or both of the practice college preparation tests: the SAT on July 14, 10:00 am to 2:00 pm; the ACT on August 11, 10:00 am to 2:00 pm. Bring snacks and a calculator.

Our 7-part technology workshop for teens will include 3D printing, coding, and computer deconstructing. The workshop will take place on Mondays and Wednesdays, July 21, 23, 28 and 30, August 4, 6, and 11, from 2:30 to 3:30 pm. Open to students entering 7th to 12th grades. Come to one or all of the classes. Please register for each class individually.

SUMMER PROGRAMS FOR CHILDREN

Registration for starred (*) summer programs began on Wednesday, June 4. Register in person, by phone at 203-453-8282, or online at www.guilfordfreelibrary.org until programs are filled. "Happy 375th Birthday Guilford" is the theme for the summer reading game. School-age readers,

age 5 and up, can pick up their reading record at the library or download it online at www.guilfordfreelibrary.org. Younger readers, 4 and under, can pick up their game instructions at the library. The reading game begins Wednesday, June 19. All those who read 10 books or have 10 books read to them will receive a certificate. All readers will have their names printed on the library's web site. All books read for the library's summer reading game count for all Guilford Public School reading assignments and any other summer reading programs that are offered. The reading game and programs are sponsored by the Guilford Civic Women.

SPECIAL PROGRAMS* (Please register)

***Pilgrims to Patriots:** Alex Bugaeff will read from his book, *Pilgrims to Patriots: A Grandfather Tells His Story*. Originally written for his own grandchildren, it is a look at how American history affected the nation and Early Guilford. You can listen to him on Wednesday, July 23 from 2:30 to 3:15 pm. This is for ages 8 and up.

***Birthday Magic Show:** Magician Steven Woyce will be here for Guilford's 375th Birthday. Celebrate with us on Thursday, July 24 from 2:30 to 3:15 pm.

***Caroline of 1812, an American Girl Story:** Pat Lovelace from the Guilford Keeping Society, will read from Caroline's story and compare it to the Battle of Leete's Island. Make a craft and have a snack from that time period on Wed., August 6 from 2:30 to 4:00 pm. Children ages 7 to 9.

***Rocky the Rock Cat:** Meet Rocky, the New Britain Rock Cats Mascot. You'll hear a baseball story & get Rocky's autograph. Bring your camera! This will be held on August 7 from 10:30 to 11:30 am. For children of all ages.

***Jester Jim:** The Great Jester Jim is back to do juggling and more. He is not your ordinary juggler. Monday, August 18 from 10:30 to 11:30 a.m. For children ages 4 and up.

***A Sky Full of Stars:** Come discover the wonders of the night sky that you can see by just looking up, as well as looking through telescopes. Bob Crelin will take us outside to gaze at the stars and constellations. Has the view changed over Guilford's 375 years? We will meet in the children's room at the library at 7:30 pm. and go outside until 9:30 pm. on Monday, August 18th. Those entering grades 3 through 6th and their parents are welcome to register.

DROP-IN PROGRAMS* (Registration not required)

Books in a Nook: Listen to stories in a "cozy" computer free corner of the children's room. Thursdays, June 5 through June 26 from 11 to 11:30 am. All ages.

Pop-in Playtime: Parents Invited. Tuesday & Wednesday mornings, June 3 through August 26 from 10:30 – 11 am. in the play area of the Children's Room. All ages.

Board Games: Children are invited to play favorite board games with friends!

SERIES* (Please register)

***Children's Garden Club:** Get your hands dirty, plant and care for the library's garden. We will meet on Mondays, July 14, 28 and August 11 and 25 from 10 to 11 am. This is for children ages 8 through 11.

***Chess Club:** Test your skills with a game of Chess. Limited to those who know how to play. Wednesdays from July 1 to July 30th from 1:30 to 3:00 pm. For children 8 through 12.

***Tots and Tunes:** Enjoy a musical program for little ones and their parents. Dance, sway, swing scarves and parachute dance to the music. Wednesdays, July 2 through July 30th from 10 – 10:30 am. Children age 0 to 5 and their parents.

***July Story Time:** Children ages 3 through 5 will have an opportunity to hear Guilford volunteer Barbara Kiesel read special stories, from the library's Storytelling Collection. Held on Tuesday mornings, July 1 through 29 from 11 to 11:30 am. This is for children age 3 and up.

***August Story Times:** Parents and children please join Guilford storyteller, Barbara Kiesel for stories. They will be held on Wednesday mornings, August 6 through 27, from 11 to 11:30 am for ages three and up.

***Nutmeg Award Intermediate Book Club:** Readers are invited to discuss the 2015 candidates for the Nutmeg Award. Play a Nutmeg Trivia at the last session. Thursday mornings: July 17, 14, & 31 from 10 to 11:00 am. Pick up a book and mark schedule of when each book will be discussed at the children's desk. This is for students entering grades 4 through 6. Refreshments will be served!

***Stories and Crafts:** Please sign-up for each individual date: Friday's from 10 – 10:45 am, July 18, 25 and August 1. These are for children ages 6 to 8.

***Save the World Dog and The Uncadoo Crew:** Madison authors Cathy LoGerfo and Christopher Dunn will read from their books. Session I: Ages 4 to 6 – "Be a superhero!" will be held on Thursday, August 14 from 10 to 11 am. Session II: Ages 7 to 9- "Be a Real Star, Save the World!" will be held on Thursday, August 21 from 10 to 11 am. Each session will include a craft.

Registration for Fall programs begins Tuesday, September 9, at 9 am.

ART EXHIBITS AT THE GUILFORD FREE LIBRARY

July

Meeting Room: Steven Plaziak, Paintings
Gallery Hall: Kathryn Schauer, Photographs of Children

August

Meeting Room: Terry Offredi, Oil Painting
Gallery Hall: Original artwork of the book covers of Bob Morris.

Parks and Recreation Department

CAMP MENUNKATUCK

(Youth Entering Grades 1 - 6)

July 7 - 18 / \$230, 2nd child fee \$215. #34101 B1; after care program # 34104 B1 - \$85.

July 21 - August 1 \$230, 2nd child fee \$215. #34101 C1; after care program #24104 C1 - \$85.

August 4 - August 15 / \$230, 2nd child fee \$215. #34101D1; after care program #34104 D1 - \$85.

Please Note: there will not be camp on Friday, July 4th. Camp Menunkatuck is located at Jacobs Beach on Seaside Avenue. Renovations have begun at Jacobs Beach. Improvements have been made to the parking lot, bath house, and additional shade trees have been planted. A boardwalk now connects the bath house to playground area. The hours for regular camp will be Monday through Friday from 8 a.m.-3 p.m. Camp can fill, therefore, we highly recommend registering early. Payment in full is required at the time of registration. NOTE: There is a \$25 cancellation fee per session per participant. Camp consists of a structured day where the individual groups will have a schedule to follow with activities to include archery, arts & crafts, sports, nature, creative games and kayaking. Each child will receive a Camp tee shirt that MUST be worn on trip days. The Parks and Recreation Department makes every effort to accommodate students with special needs. In this program, campers are mainstreamed into all facets of Camp Menunkatuck. They will participate, as their ability allows in swimming, crafts, boating, sports and special events as a member of the camp unit. This is NOT a one-on-one program. Campers must be independent with activities of daily living. MUST register for field trips separately.

After Care: We will provide extended care from 3 p.m. - 5:30 p.m. The fee will be \$85 per session. *Parent/Guardian will be charged \$5 for every 15 minutes late after 3 p.m. There is a \$20 per session non-resident fee. Contact Ellen Clow by phone (453-8068) or by e-mail (clowe@ci.guilford.ct.us) for any questions regarding camp.

PRE-SCHOOL CAMP (Ages 3-5 or Entering Kindergarten)

July 7 - July 18 / \$200, #36301 A2.

July 21 - August 1 / \$200, #36201 A3.

August 4 - 15 / \$200, #36301 A4.

Please Note: there will not be camp on Friday, July 4th. The Preschool Camp is a half-day camp program (9:00a.m.-1:00 p.m.) which is held indoors at the Community Center in the specially tailored preschool room for children ages 3-5. The building is comfortably air conditioned and the room is bright and busy with a fabulous painted mural. One day a week, campers will report directly to Jacobs Beach on Seaside Avenue for an outdoor camp experience. Activities include arts, crafts, circle games, outside free play, parachute activities, music and much more. Children should bring a healthy snack, juice or water, and lunch each day. Campers MUST BE POTTY TRAINED (no pull ups, no

exceptions). *There is an additional \$20 non-resident fee for Preschool Camp per participant per session.

GET OUT WAY OUT

(Entering Grades 7-9)

July 14 - 18 / \$225, #34102 D1, after care program #34106 D1.

July 21 - 25 / \$225, #34102 E1, after care program #34106 E1.

July 28 - August 1 / \$225, #34102 F1, after care program #34106 F1.

August 4-8 / \$225, #34102 G1, after care program #34106 G1.

August 11-15 / \$225, #34102 H1, after care program #34106 H1.

Register your child for the re-vamped GOWO and be part of one of the most rewarding camp experiences in the area! This program is lead by our professional experienced staff with the objective to build leadership skills, create a sense of community and above all else have fun.

SUMMER CONCERTS & EVENTS ON THE GREEN

COMMUNITY PICNIC ON GREEN / 3:00 - 7:00 p.m.

(BAND, INFLATABLES, FOOD)

SATURDAY, JULY 12 (RAINDATE: JULY 13)

FIREWORKS AT FAIRGROUNDS / 7:00 - 10:00 p.m.

SHORELINE JAZZ COLLECTIVE

SUNDAY, JULY 27 - 6:00 - 8:30 p.m.

SATISFACTION (ROLLING STONES TRIBUTE)

SUNDAY, AUGUST 17 - 6:30 - 8:00 p.m.

WHO'S NEXT (THE WHO TRIBUTE)

SUNDAY, AUGUST 24 - 6:30-8:00

BEACH INFORMATION

Lake Quonnipaug Beach Hours

Route 77, North Guilford

Monday - Saturday / 9:30 a.m. - 7:30 p.m.

Sunday / 11:00 a.m. - 7:30 p.m.

Daily fees (Sunday - Saturday)

Guilford Residents / \$7 per person

Non-Residents / \$10 per person

*Children 5 and under are FREE.

Kayak/paddleboat, picnic area, changing rooms, bathrooms, showers, picnic pavilion, hiking trails

Jacobs Beach Hours

Seaside Avenue

Monday - Saturday / 9:00 a.m. - 5:00 p.m.

Sunday / 11:00a.m. - 5:00 p.m.

Daily fees (Sunday - Saturday)

Guilford Residents / \$7 per car

Non-Residents / \$10 per car

Picnic pavilions, playground, bathrooms, showers, boat racks, basketball 1/2 court, sand volleyball court

BEACH PASSES

Beach passes will be available through August.

Seasonal Pass - Household

Residents \$50.00
 Non-Resident \$100.00
 Program #38000 A1
 (1 or 2 adults and children through age 17 residing at the same address)

Active Adult (Age 55+)

Resident \$10.00
 Non-Resident \$20.00
 Program #38000 A3

Individual Adult Pass

Resident \$25.00
 Non-Resident \$50.00
 Program #38000 A2

Note: ONLY beach pass holders may use kayaks and paddleboats at Lake Quonnipaug.

PICNIC PAVILION RENTAL FOR GROUPS

Jacobs Beach Pavilion Fees

(Up to 4 hours):

	Residents	Non-Residents
Groups 1-25	\$35.00	\$70.00
Groups 26-50	\$50.00	\$100.00
Groups 51+	\$100.00	\$200.00

Lake Quonnipaug Pavilion

FREE for Guilford Residents.
 Must contact Parks and Recreation Office for approval.
 Non-Residents \$150.00

Want to Advertise? Call Erin Colwell 860-581-0577

GUILFORD COMMUNITY LISTINGS

CHURCHES

- Bethel Assembly of God.....203-453-5171
- Christ Episcopal Church203-453-2279
- First Church of Christ Scientist203-453-9175
- First Congregational Church.....203-453-5249
- Focus Pointe Ministries
www.focuspointeministries.org
- North Guilford Congregational Church
203-457-0581
- St. George Catholic Church203-453-2788
- St. John's Episcopal Church.....203-457-1094
- Vineyard Church of Guilford.....203-453-5453

CLUBS/ORGANIZATIONS

- Guilford Agricultural Society.....203-453-3543
- Guilford Art Center203-453-5947
- Guilford Chamber of Commerce....203-453-9677

- Guilford Garden Club.....203-453-5203
- Guilford Land Conservation Trust ..203-457-9253
- Leete's Island Garden Club203-453-3884
- Women and Family Life Center.....203-453-6699

LIBRARY

- Guilford Free Library203-453-8282

MUSEUMS

- Henry Whitfield State Museum203-453-2457
- The Dudley Farm Museum203-457-0770
- The Hyland House203-453-9477
- Medad Stone Tavern.....203-453-2263
- Thomas Griswold House.....203-453-2263

POST OFFICE

- Guilford Post Office.....203-453-2429

SCHOOLS

- Adams Middle School203-453-2755
- A.W. Cox School.....203-453-5291
- Baldwin Middle School.....203-457-0222
- Calvin Leete School.....203-453-0128
- Guilford High School.....203-453-2741
- Guilford Lakes School.....203-453-5201
- Melissa Jones School203-457-0773
- BOE Administrative Offices.....203-453-8200

USEFUL NUMBERS

- American Red Cross.....203-787-6721
- Firemen's Field.....203-458-8812
- Guilford Food Bank.....203-453-8166
- Guilford Newcomers Club
 www.guilfordnewcomers.com
- Meals on Wheels203-453-8359

How to Get Noticed

By the time we reach our 40's many of us find ourselves applying more than one product to get the desired results that used to come for free when we were in our 20's. In order to get the best results from your anti-aging products, they should be applied in a specific order.

Cleansing is an important first step. You should be using a cleanser that is specifically designed for your face and not any old thing that you have in the shower. Some cleansers that contain ingredients like glycolic and salicylic acids might be too harsh for over 40 skin.

If you use a good facial cleanser, you should not need a toner. And when it comes to drying, please put down the hand towel. Reach for a tissue and pat your skin dry.

By the age of 40 all women should incorporate a serum into their daily routine. Moisturizing is essential for hydration, but a serum can help repair damage. My personal favorites are serums that contain growth factors. You should wait for a few minutes for your serums to dry before applying a moisturizer. So use that time to do something - brush your teeth, dry your hair. Just something so you won't

notice the time. If you're new to layering products, it will make your new routine much easier.

Your next step is a sunscreen. This is the most important step and is often neglected. You should be in the habit of wearing a separate sunscreen every day, not only in the summer months.

Many women seek out moisturizers that have an SPF and think that they have adequate protection from harmful UV rays. While this is a good first line of defense, it is not enough protection. You should be using a separate sunscreen that contains either Zinc or Titanium Dioxide for maximum protection.

Aging is a complex process and one product or procedure rarely gives the desired result. Most skin rejuvenation plans include more than one topical treatment and tightening or volumizing procedures to enhance the results.

*Susan O'Malley, M.D.
Sonas Med Spa*

Sleep Apnea

Are you drowsy during the day with no explanation? Do you snore loudly or wake up breathless in the middle of the night? If you're experiencing any of these symptoms, you may be one of more than 12 million Americans who are affected by sleep apnea. Sleep apnea is a condition in which your breathing stops periodically during sleep, as many as 20-30 times per hour, the resulting lack of oxygen alerts your brain, which temporarily wakes you up to restart proper breathing. Since the time spent awake is so brief, most people with sleep apnea don't remember it, and many believe they are getting a good night's sleep when, in fact, they are not. The constant wake-sleep, wake-sleep cycle prevents those with sleep apnea from achieving deep sleep, resulting in a constant drowsy feeling during the day.

The following symptoms can indicate the presence of sleep apnea:

Insomnia or difficulty sleeping

Loud snoring at night

Waking up at night short of breath

Snorting or choking sounds during the night (indicating a restart of breathing)

Headaches upon waking in the morning

Falling asleep unintentionally during the day

Extreme drowsiness throughout the day

Sleep apnea is considered a serious medical problem and if left untreated it can lead to high blood pressure, increasing the risk of heart failure and stroke. The ongoing state of fatigue caused by sleep apnea can lead to problems at work or school, as well as danger when driving or operating heavy machinery. Sleep apnea can also cause complications with medication or surgery; sedation by anesthesia can be risky, as can lying flat in bed after an operation. If you know or suspect you suffer from sleep apnea, let your family doctor know before taking prescribed medication or having surgery.

Treatments for sleep apnea depend on the severity of each individual case, and the type of apnea. Basic treatment can be behavioral - for instance, patients are instructed to lose weight, stop smoking, or sleep on their sides instead of on their backs. Beyond that, oral devices can be used to position the mouth in such a way that it prevents throat blockage. In more severe cases, surgery may be the best option.

If you suspect you or a loved one suffer from sleep apnea, contact your dentist. They may refer you to a sleep apnea specialist. The specialist may recommend a sleep study to diagnose the precise extent of the problem, and can prescribe appropriate treatment. Depending on your situation, treatment may involve an oral device that can be fabricated by your dentist.

*Thomas P. Petrick DMD
Theodore J. Katz DDS, PC*

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MILE

(Middlesex Institute for Lifelong Education) is a program for people 50 and over to take educational sessions at Middlesex Community College. Fall orientation and registration September 13th from 1:00 to 3:30 at 100 Training Hill Road, Middletown. The fee is \$60 and includes both fall & spring sessions. 15 weeks of classes (7 in the fall and 8 in the spring). Each session is 2 hours long and ranges from Blue Grass music, to photography, to World peace, trusts, the cardiovascular system, the Beatles, gardening to attract birds and butterflies. A brochure will be available at the end of August on our website at www.mileonline.org or at local libraries and senior centers.



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Great Island offers spectacular summer sea kayaking amid the pristine national wildlife sanctuary that is filled with Bald Eagles, Osprey, deer, otter, and a vast array of other wildlife. Black Hall Outfitters in Old Lyme is located directly on the sanctuary and offers easy access to all with our fleet of rental kayaks, canoes and Stand up Paddle boards. Discover one Connecticut's best kept natural secrets and see it all from the water at Black Hall.

*Gene Chmiel
Black Hall Outfitters*

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Rollwood Park, A Guilford Pocket Park

In commemoration of the 375th Anniversary of Guilford and the 75th Anniversary of the Guilford Garden Club, the Club dedicated Rollwood Park, at the corner of Stonehouse Lane and Old Whitfield Street, to the Town of Guilford on June 7.

In 2009, as part of the Club's tree planting program, three Japanese Lilac trees were planted on the town-owned Rollwood property on the corner of Stone House Lane and Old Whitfield streets. That corner of the property seemed "park-like," and the Club pursued the idea of developing it. Town permission was received by the Club in 2011. The property was once the site of the summer home of Governor Rollin S. Woodruff, 62nd Governor of Connecticut, who held the office from 1907 to 1909. Only the foundation and chimney remained after the house burned in 2000.

The Garden Club has planted seventeen trees on the site; five Rutgers Hybrid Dogwood trees, four Red Oaks, five White Spruces and three Japanese Lilacs. Two hundred sixty yellow daffodils have been planted around the perimeter of the foundation. Two granite benches have been installed. The Club has worked with Town Departments to improve the site, and will continue with the project. John Cunningham of TEC



Vivian Thain, Garden Club President,
Lillian Comstock, Rollwood Park Development
Chair and Marge Vogt, Park Committee.

Landscape Design, Inc., has donated his services to help with the project.

The Garden Club hopes this charming park will be enjoyed by the many walkers in the area, by the children in the adjacent Day Care, visitors to the Henry Whitfield State Museum, and to all in Guilford who appreciate how much park space enhances the quality of our lives.

Lillian Comstock
Chair of Rollwood Park Development

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Guilford & Madison to Unite in Interfaith Service

In celebration of Guilford's 375th anniversary, the churches in Guilford and Madison are planning an interfaith prayer service to be celebrated on the Guilford Green on Sunday, July 13, at 1 pm. The event is being organized by the Interfaith Committee, which is comprised of Veronica Wallace, Dennis Culliton and representatives of various churches.

Led by ministers, priests and rabbis of Guilford's and Madison's many faiths, the congregants will celebrate their freedom of religion, freedom of expression and spirit of tolerance through this prayer service. The event will incorporate the various faith traditions found in Connecticut's shoreline communities. A 14th generation direct descendent of Francis Bushnell, a Baptist minister, is also planning to join the prayer service.

As part of the interfaith activities, the churches conducted a fundraiser in participating churches during May and June for St. Margaret's Church, Ockley, Surrey, England, which is about 32 miles south of London. St. Margaret's is considered to be the mother church of the shoreline faith communities. The church is more than 700 years old and is in need of renovation. Upon learning of the plight of the church, the Interfaith Committee thought it would be an appropriate tribute to help defray the cost of some of those renovations.

The Reverend Whitfield, who came from St. Margaret's, founded the Congregational Church in Guilford. From that church were founded the Congregational churches in Madison and North Guilford. The Madison church spawned the North Madison Congregational Church.

A congregant of the Congregational Church, Samuel Johnson, who was educated at Yale, converted to the Anglican faith. He was ordained in England and brought the Anglican Church to Guilford, where he was involved in the founding of Christ Episcopal Church. From this religious ancestry came both St. John's Episcopal Church in North Guilford and St. Andrew's Episcopal Church in Madison.

Finally, the benefactor of the founding of St. George Catholic Church in Guilford, George Hill, was of local Puritan or Congregational stock. When Catholics in Madison wanted to build a church, St. George Church bought the property there and donated it to them to build St. Margaret's Roman Catholic Church.

St. Margaret's Church in Ockley was originally built in the 13th century, underwent many renovations and additions and is considered a significant heritage site in England. According to the 2011 census, the population of Ockley is under 900. The parish is small with only 80 adults on the rolls. The



St. Margaret's Church, Ockley, Surrey, England

expenses for the numerous improvements, renovations, and restorations needed to maintain and grow the parish physically and ecclesiastically are high. Gordon Lee-Steere, chairman of the Friends of St. Margaret's registered charity stated in a recent communication with the Interfaith Committee: "I cannot emphasise enough how thrilled we were to get your email and to think that our American cousins were thinking of us. Henry Whitfield's transatlantic journey has certainly born fruit." And it has; and our actions are evidence of that!

The Interfaith Committee hopes to collect enough money to help the church through the Friends of St. Margaret's charity reach their goal of providing a new meeting room, a toilet facility, new lighting, upgraded heating, and safety upgrades. Although The Friends of St. Margaret's, a registered charity in the UK, has collected some funds, contributions from the United States can improve their local campaign and their ability to receive grants. The group has developed plans for all of the work that needs to be done. What they need is help from the parishioners, local citizens, preservationists, and friends from both sides of the pond (Atlantic Ocean).

People who wish to contribute directly to the fund may send their donations to: Friends of St. Margaret's Ockley, c/o St. George Church, 33 Whitfield Street, Guilford, CT 06437. Those with questions should contact Dennis Culliton at info@historicguilford.org. Shoreline residents' and church members' individual contributions combined can make a big difference in the future of St. Margaret's Church and to those in England who are striving to preserve part of Guilford and Madison's heritage.

*Dennis Culliton
375th Anniversary Committee*

Dennis Culliton is a history teacher at Elizabeth C. Adams Middle School in Guilford. He also chairs the Guilford Preservation Alliance's Historic Walking Tour initiative.

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